

and personalized interventions. By harnessing the power of analytics, institutions can optimize learning outcomes and resource allocation.

In conclusion, the diversity of innovative learning technologies underscores their potential to transform education. Adaptive learning systems, collaborative tools, immersive technologies, gamification platforms, learning management systems, and data-driven analytics tools each contribute unique characteristics that address specific educational needs [1]. As these technologies continue to evolve, their integration into educational practices will likely lead to more inclusive, personalized, and effective learning environments. Understanding their distinct features is crucial for educators, policymakers, and technology developers seeking to harness their full potential for educational advancement.

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Chen Ronghao,

PhD student of the Educology and Pedagogy Department,
West Ukrainian National University (Ukraine),
Chongqing University of Humanities and Technology (China)

STRATEGIES FOR PHYSICAL EDUCATION EXPERTS TO DEVELOP THEIR LEADERSHIP SKILLS

In the context of intensified global competition and rapid social changes, leadership has become an important driving force to promote personal growth, organizational development and even social progress. Traditional physical education often focuses too much on physical training and the improvement of competitive skills, ignoring the cultivation of student's leadership, teamwork, innovative thinking and other soft power, resulting in the lack of necessary leadership and adaptability in the face of future social challenges. Physical education experts face many challenges in the development of leadership. With the deepening of education reform and the improvement of social attention to physical education, physical education experts not only need to have solid professional knowledge and skills, but also need to show excellent leadership to lead the innovation and progress of physical education. This study aims to explore how physical education experts can enhance their leadership through effective strategies to contribute to the sustainable development of physical education.

(1) Literature and data method. In «physical education», «teacher professional development», «leadership», and other databases, we have a preliminary understanding of the current development status of physical education experts in China.(2) Questionnaire survey method. This paper mainly collects, analyzes and sorts out the related problems, and finally studies the questionnaires of the selected teachers to understand the current professional development status of physical education experts.(3) Interview method. This study interviewed physical education teachers and physical education students in the form of structured and semi-structured interviews to provide information on the development strategies of physical education experts.

(1) Physical education experts should attach importance to and adopt diversified teaching modes. Physical education experts should not only strive for excellence in professional skills, but also pay attention to the overall improvement of leadership, so as to meet the needs of the development of physical education in the new era. (2) Physical education experts should pay attention to the construction of teacher team. The leadership development of physical education experts is a dynamic and multi-dimensional process, involving emotional intelligence, transformational leadership, teamwork and other aspects. Physical education experts should pay attention to the balance between personal growth and team development, as well as the ability to actively respond to challenges and changes. (3) Physical education experts should construct a new physical education curriculum system. Physical education experts teach students the basic concepts, principles and skills of leadership by offering special leadership education and training courses. The course focuses on the combination of theory and practice, and adopts interactive ways such as role play and group discussion to improve students participation and learning effect. (4) Physical education experts should establish a continuous evaluation and feedback mechanism. Through regular evaluation and feedback, physical education experts can keep abreast of students progress and problems in leadership development, and adopt diversified evaluation methods, such as self-evaluation, peer evaluation and teacher evaluation.

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Chen Wenkai,

Master Student, Faculty of Humanities and Social Sciences,
West Ukrainian National University

Scientific supervisor – Antonina Demianiuk,

PhD in Economics,
Associate Professor of the
Department of Educology and Pedagogy,
West Ukrainian National University

DISTANCE LEARNING TECHNOLOGIES AS AN INNOVATION IN THE HIGHER EDUCATIONAL INSTITUTIONS

The advent of distance learning technologies has revolutionized higher education. In recent years, the rapid development of digital technologies has enabled institutions to reach a broader audience and offer more flexible learning options.